

HIQA RECOMMENDS A NATIONAL METABOLIC SURGERY PROGRAMME

What is metabolic surgery?

Metabolic surgery refers to the use of bariatric surgery procedures to treat type 2 diabetes.

Who is it for?

It is for patients with comorbid type 2 diabetes and obesity who meet specific criteria.



Metabolic surgery is a **safe** procedure.

It is very **effective** in improving blood sugar control **up to 10 years post-surgery.**

The surgery is highly **cost-effective** and potentially cost-saving in the long-term.

Long-term follow-up

Metabolic surgery is not a one-time intervention and requires ongoing patient support.

To ensure successful outcomes for patients, long-term follow-up should be integrated across primary care, community and hospital services.

