

REVIEW OF INTERNATIONAL GUIDANCE ON LONG COVID

HIQA REVIEWED 24 INTERNATIONAL CLINICAL GUIDELINES AND 2 MODELS OF CARE FOR THE DIAGNOSIS AND MANAGEMENT OF LONG COVID.

THE WORLD HEALTH ORGANIZATION DEFINES...

Long COVID as continuing or new symptoms three months after the initial COVID-19 infection, lasting for at least two months with no other explanation.



HIQA FOUND...

that most guidelines are recommending a **holistic, person-centred approach** to diagnosis, management and treatment, with an emphasis on shared decision-making.

This is consistent with the HSE's interim model of care.

As more evidence is published, the approaches to treatment and management may change.



“LONG COVID CAN AFFECT A PERSON’S ABILITY TO CARRY ON WITH THEIR NORMAL DAILY ACTIVITIES.

CURRENTLY LONG COVID GUIDELINES FOCUS ON MANAGEMENT OF THE WIDE ARRAY OF SYMPTOMS.

THE BEST WAY TO AVOID LONG COVID IS TO AVOID SARS-COV-2 INFECTION.”



Dr Máirín Ryan,
Director of HTA