

**Restrictive Practice Thematic Programme**

**Quality Improvement Plan**

**Special Care Units**

**Introduction**

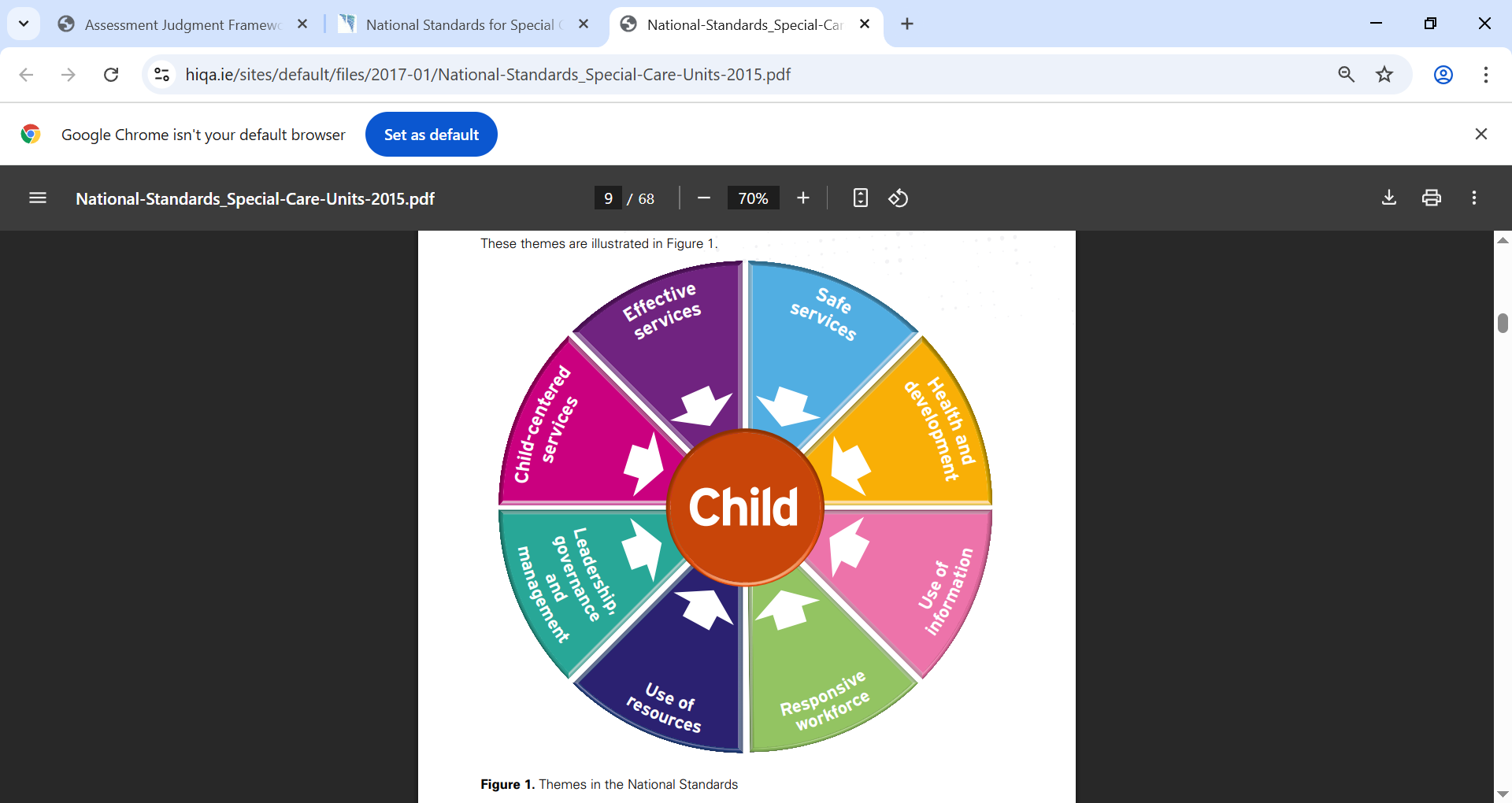
The aim of thematic inspections is to help drive quality improvements in specific aspects of care and support. These thematic programmes will focus primarily on the *National Standards for Special Care* (2014).This Quality Improvement Plan is specifically designed for use in the thematic inspections of restrictive practices in designated centres for Special Care.

This document can be used in conjunction with the self-assessment questionnaire for restrictive practices. Alternatively you may choose to use your own template. Once your service has completed the self-assessment questionnaire, this plan provides an opportunity for the service to target areas for improvement under each of the eight themes. This quality improvement plan is not required to be submitted to the Office of the Chief Inspector. It should be used by the service to focus on what improvements are needed and how they will be progressed and monitored. The quality improvement plan should be made available to an inspector upon request as it will demonstrate initiatives being undertaken in relation to reducing and eliminating the use of restrictive practices in the Special Care Unit.

Service providers are encouraged to read the guidance document accompanying this thematic programme as it will provide useful information on meeting the standards.

**\*Please Note:** This quality improvement plan is a template produced by the Office of the Chief Inspector. You are not required to use this template and are free to use an alternate tool or template to create a quality improvement plan. However, please ensure that your plan incorporates the main elements as set out in this template.

Figure 1: themes in the *National Standards for* *Special Care Units*



# Section 1 - Capacity and capability

This section focuses on the overall delivery of the service and how the provider determines whether an effective and safe service is being provided.

It includes how the provider:

* Makes sure there are effective governance structures in place with clear lines of accountability so that all members of the workforce are aware of their responsibilities and who they are accountable to.
* Ensures that the necessary resources are in place to support the effective delivery of quality care and support to children using the service.
* Designs and implements policies and procedures that will make sure the unit runs effectively.
* Uses information as a resource for planning, delivering, monitoring, managing and improving care.

# Section 2 - Quality and safety

The focus of this section is about the lived experience of the people using the service.

This includes how people:

* Make choices and are actively involved in shaping the services they receive.
* Are empowered to exercise their rights, achieve their personal goals, hopes, and aspirations.
* Receive effective child-centred care and support, at all stages of their lives.
* Are able to live in a safe, comfortable and homely environment.
* Have food and drink that is nutritious.
* Are protected from any harm or abuse.

**Quality Improvement Plan**

**Section 1 – Capacity and Capability**

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| **Dimension: Capacity and capability** | |
| **Theme: Leadership, Governance and Management** | |
| **Please outline your key achievements relevant to restrictive practices under the Leadership, Governance and Management theme within the last year** | |
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| **Outline where there is room for improvement under the Leadership, Governance and Management theme** | |
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| **Standard number** | **Standards assessed as requiring a Quality Improvement Initiative**  \*Please place the standard number requiring a Quality Improvement initiative into the box on the left |
| **Area(s) identified as requiring improvement** |  |
| **Priority level**  High/Medium/Low |  |
| **Actions to be taken** |  |
| **Person responsible** |  |
| **Resources needed** |  |
| **Possible constraints** |  |
| **Measures of success** |  |
| **Timeframe** |  |
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| **Dimension: Capacity and Capability** | | |
| **Theme: Use of Resources** | | |
| **Please outline your key achievements relevant to restrictive practices under the Use of Resources theme within the last year** | | |
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| **Dimension: Capacity and capability** | | |
| **Theme: Responsive Workforce** | | |
| **Please outline your key achievements relevant to restrictive practices under the Responsive Workforce theme within the last year** | | |
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| **Theme: Use of Information** |
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**Section 2 - Quality and Safety**

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| **Dimension: Quality and Safety** |
| **Theme: Child-centred services** |
| **Please outline your key achievements relevant to restrictive practices under the Child-centred services theme within the last year** |
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| **Outline where there is room for improvement under the Child-centred services theme** |
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| **Dimension: Quality and Safety** | | | | |
| **Theme: Effective Service** | | | | |
| **Please outline your key achievements relevant to restrictive practices under the Effective Services theme within the last year** | | | | |
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| **Outline where there is room for improvement under the Effective Service theme** | | |
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| **Dimension: Quality and Safety** | | | | |
| **Theme: Safe Service** | | | | |
| **Please outline your key achievements relevant to restrictive practices under the Safe Service theme within the last year** | | | | |
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| **Outline where there is room for improvement under the Safe Service theme** | | | |
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| **Dimension: Quality and Safety** | | | |
| **Theme: Health and development** | | | |
| **Please outline your key achievements relevant to restrictive practices under the Health and development theme within the last year** | | | |
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**To be completed at the end of the Quality Improvement Plan cycle**

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| **Standards assessed as requiring improvement** | **Measures of success** | **Status**  (completed  /in progress) | **Progress notes** |
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