Evidence gap identifier	AMH1
Brief title	Longitudinal association between alcohol consumption and anxiety in the general population
Report	A systematic review on the association between alcohol consumption and mental health outcomes
Date identified	30/06/2026
Identified by	Public Health
Supported by	Systematic review
Population	General population
Exposure	Varying quantities and or frequencies of alcohol consumption in a single episode and or over time
Comparator	Reference quantities and or frequencies of alcohol consumption (including no alcohol consumption)
Outcome(s)	Development and or exacerbation of anxiety measured by any of the following (where appropriate): self-reported physician diagnosis; clinical diagnosis; diagnosis using diagnostic interviews (for example, instruments using Diagnostic and Statistical Manual of Mental Illnesses or International Classification of Diseases criteria); established cut offs or continuous scores of screening instruments
Setting	General population
Study design	Longitudinal
Further information	There are limited observational studies examining the longitudinal association between alcohol consumption on the development of anxiety in the general population.