



Report of an inspection of a Designated Centre for Older People.

Issued by the Chief Inspector

Name of designated centre:	Millbury Nursing Home
Name of provider:	Rosslare Nursing Home Limited
Address of centre:	Commons Road, Navan, Meath
Type of inspection:	Unannounced
Date of inspection:	19 February 2026
Centre ID:	OSV-0000700
Fieldwork ID:	MON-0048361

About the designated centre

The following information has been submitted by the registered provider and describes the service they provide.

Millbury nursing home is a purpose-built centre located in Navan Town, Co Meath. It provides full-time nursing care to 101 residents, male and female who require long-term and short-term care. Residents assessed as having dementia can be accommodated throughout the centre. There are 94 single en-suite bedrooms, 1 single room and 3 twin bedrooms with en-suite all located on the ground floor. Accommodation is provided in four separate areas, Boyne, Comeragh, Tara and Dunmore suite all accessed from the bright reception space. A variety of communal spaces are located overlooking three central outdoor courtyards and landscaped grounds. The centre has a reception seating space, oratory, 2 hairdressing salons and a sensory room for residents' use. A smoking area is in place for residents who smoke. Suitable household areas including laundry, dirty utility rooms, cleaning rooms and kitchens are in place.

The following information outlines some additional data on this centre.

Number of residents on the date of inspection:	100
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This inspection was carried out to assess compliance with the Health Act 2007 (as amended), the Health Act 2007 (Care and Welfare of Residents in Designated Centres for Older People) Regulations 2013 (as amended), and the Health Act 2007 (Registration of Designated Centres for Older People) Regulations 2015 (as amended). To prepare for this inspection the inspector of social services (**hereafter referred to as inspectors**) reviewed all information about this centre. This included any previous inspection findings, registration information, information submitted by the provider or person in charge and other unsolicited information since the last inspection.

As part of our inspection, where possible, we:

- speak with residents and the people who visit them to find out their experience of the service,
- talk with staff and management to find out how they plan, deliver and monitor the care and support services that are provided to people who live in the centre,
- observe practice and daily life to see if it reflects what people tell us,
- review documents to see if appropriate records are kept and that they reflect practice and what people tell us.

In order to summarise our inspection findings and to describe how well a service is doing, we group and report on the regulations under two dimensions of:

1. Capacity and capability of the service:

This section describes the leadership and management of the centre and how effective it is in ensuring that a good quality and safe service is being provided. It outlines how people who work in the centre are recruited and trained and whether there are appropriate systems and processes in place to underpin the safe delivery and oversight of the service.

2. Quality and safety of the service:

This section describes the care and support people receive and if it was of a good quality and ensured people were safe. It includes information about the care and supports available for people and the environment in which they live.

A full list of all regulations and the dimension they are reported under can be seen in Appendix 1.

This inspection was carried out during the following times:

Date	Times of Inspection	Inspector	Role
Thursday 19 February 2026	07:50hrs to 15:50hrs	Maureen Kennedy	Lead

What residents told us and what inspectors observed

On the day of this unannounced monitoring inspection, the inspector spoke with many residents to gain insight into their experience of living in Millbury Nursing Home. All residents spoken with were complimentary in their feedback and expressed satisfaction with the standard of care provided. Residents reported that there was a 'lovely atmosphere' in the home and they were 'very well looked after'. They felt 'very lucky to live here'. The inspector also spoke with several family members who were visiting on the day, who said that the nursing home was 'very accommodating' and 'wonderful'. There were 100 residents living in the home on the day of this inspection.

The premises is a purpose built nursing home, designed and laid out to meet the needs of the residents. It is spacious and tastefully decorated with wide corridors and is designed around three enclosed courtyard gardens, all of which give the home a bright and airy feel.

In the morning, residents were observed sleeping in their rooms while some residents were already up and enjoying breakfast which was served in their rooms. Carers were in attendance to assist residents if required. Throughout the day, residents were observed using the many communal facilities in the centre, in groups watching television or quietly sitting with family members. The inspector observed the communal areas to be continually supervised and staff who spoke with the inspector were knowledgeable about the residents they cared for and what their needs were. Staff were observed busily attending to residents' requests for assistance in a timely manner.

Residents' rights and choice were promoted and respected within the centre and residents were supported to enjoy a good quality life. A team of activities coordinators provided a range of activities and the activities schedule was displayed on notice boards in each suite. The inspector observed residents being reminded and encouraged to join in the activities that were scheduled. On the day of the inspection, the inspector observed a well-attended exercise class in the morning and art therapy, manicures and a dog visiting in the afternoon. It was evident that residents had an enjoyable time. The home has two hairdressing salons and the inspector observed many residents enjoying the experience of having their hair done throughout the day of the inspection. The chiropodist was visiting the centre on the day with many residents availing of the service. Residents and staff were seen spending time chatting and laughing together, as residents went about their daily routines.

The inspector observed the calm unhurried atmosphere in the centre's two dining rooms as residents dined and saw that mealtime was a relaxed and social occasion for residents, who sat together in small groups at the dining tables. There was a menu available with choice of courses and a variety of drinks were offered to

residents. The meals provided appeared appetising and were served hot. The inspector observed adequate numbers of staff available offering encouragement and assistance to residents as required and staff spoken with, were knowledgeable of residents' dietary needs including relevant modified diets. Residents reported to the inspector that the food was 'very good'. Outside of regular mealtimes, a morning, afternoon and supper trolley was provided to the residents with tea, coffee, smoothie and snacks including fruit available.

The next two sections of the report present the findings of this inspection in relation to the governance and management arrangements in place in the centre and how these arrangements impact on the quality and safety of the service being delivered.

Capacity and capability

Overall the inspector found that residents in Millbury Nursing Home benefited from a well-run centre with good leadership and good governance and management arrangements in place. It was evident that the centre's management and staff focused on providing quality service to residents and promoting their well-being.

This inspection was carried out to assess compliance with the Health Act 2007 (Care and Welfare of Residents in Designated Centres for Older People) Regulations 2013 to 2025 (as amended). The registered provider of Millbury Nursing Home is Rosclare Nursing Home Limited. The person in charge had responsibility for the day-to-day operations of the centre and was supported in their role by an assistant director of nursing (ADON), a team of clinical nurse managers (CNMs), nurses and healthcare support staff. There are two directors of the company, both of them actively involved in the operational oversight of the centre which meant they were known to residents, staff and visitors.

There was a schedule of regular team meetings in place including a weekly management meeting attended by the company directors. Agendas were comprehensive and minutes of these meetings were provided to the inspector. There was an annual review of the centre and a quality improvement plan in place. The residents' opinions and their views were taken into account when developing this annual review. The management team had developed audits that identified where improvements were required. They used these audits to implement improvement plans and drive quality care.

Throughout the day of inspection, staff were observed to be very interactive with the residents attending to their needs in an unrushed, kind and patient manner.

From what the inspector observed and in conjunction with communication with residents and visitors, the number and skill mix of staff was sufficient to meet the needs of the residents, having regard to the size and layout of the centre. Staff had access to appropriate training. All staff had attended the required mandatory

training to enable them to care for residents safely. There was good supervision of staff on the day of the inspection.

On the day of inspection, the registered provider had ensured that all records were made available to inspector. The records were a combination of electronic and paper and were observed to be stored securely. The policy on the retention of records was in line with regulatory requirements. Policies, procedures and guidelines were in place in line with the requirements set out in the regulations.

Regulation 15: Staffing

On the day of the inspection, there were adequate staffing levels and skill-mix to ensure the effective delivery of care in accordance with the statement of purpose, and to meet residents' individual and collective needs.

Judgment: Compliant

Regulation 21: Records

The registered provider ensured that the records set out in Schedules 2, 3 and 4 were available to the inspector on the day of inspection.

Judgment: Compliant

Regulation 22: Insurance

There was an appropriate contract of insurance in place that protected residents against injury and against other risks, including loss or damage to their property.

Judgment: Compliant

Regulation 23: Governance and management

There was a clearly defined management structure in place. The person in charge and wider management team were aware of their lines of authority and accountability. They demonstrated a clear understanding of their roles and

responsibilities. The annual review for 2025 was reviewed and it met the regulatory requirements.

Judgment: Compliant

Regulation 4: Written policies and procedures

Schedule 5 policies were available to staff and all were updated at a minimum of every three years as required.

Judgment: Compliant

Quality and safety

Overall, the inspector was assured that residents were supported and encouraged to have a good quality of life in Millbury Nursing Home and that their healthcare needs were well met.

Numerous residents' families and friends were observed visiting throughout the day of the inspection. Residents met their visitors in their bedrooms or in any of the many communal spaces in the centre. Visitors confirmed they were welcome to the home at any time and the inspector observed the two guest rooms available should a family member require to stay. All visitors praised the care, services and staff that supported their relatives in the centre.

The inspector viewed bedrooms with permission and found that they were warm, bright and homely spaces. Residents had adequate space to store and maintain their clothes, with a lockable unit available for storage of personal possessions if required. The inspector observed the on-site laundry which was very clean and tidy and was informed of the effective labelling and laundering system in place that ensured that all clothes were returned to residents in a timely manner.

There were information notice boards for residents and visitors on display throughout the centre. They informed residents of the services available to them whilst being a resident in the centre such as how to make a complaint, advocacy and other support services, with their contact details displayed. The resident information guide included a summary of services and facilities provided, visiting arrangements and contact details of independent advocacy services available to residents.

The inspector observed good practices and staff spoken with were knowledgeable regarding hand hygiene and standard precautions to reduce the spread of infection.

Infection prevention and control training was up to-date and the equipment used by residents was in good working order and reusable equipment was cleaned and stored appropriately.

The inspector observed medication administration and was assured that residents were protected by safe medicine practices. Controlled drugs were stored safely and checked at least twice daily as per local policy. The medication management processes such as the ordering, prescribing, storing and disposal of medicines were described to the inspector and were safe and evidence-based. There were regular medication reviews carried out by the pharmacy and general practitioner (GP) and there was evidence of good oversight of multi drug resistant organisms (MDRO) and antibiotic stewardship.

Regulation 11: Visits

The registered provider had arrangements in place for residents to receive visitors. Visits were not restricted and were aligned with the centre's visiting policy.

Judgment: Compliant

Regulation 12: Personal possessions

There was adequate storage in the residents' rooms for their clothing and personal belongings. There was a laundry in the centre and residents and families were complimentary in their feedback of the service.

Judgment: Compliant

Regulation 18: Food and nutrition

Residents were offered choice at mealtimes and were provided with adequate quantities of wholesome and nutritious food. There were adequate numbers of staff to meet the needs of residents at meal times.

Judgment: Compliant

Regulation 20: Information for residents

The provider maintained a written 'Residents Guide'. It was available to all residents and contained all the requirements of the regulation.

Judgment: Compliant

Regulation 27: Infection control

The registered provider had adequate resources available to ensure safe infection prevention and control practices were effectively implemented.

Judgment: Compliant

Regulation 29: Medicines and pharmaceutical services

There was an appropriate pharmacy service offered to residents and a safe system of medication administration in place. Policies were in place for the safe disposal of expired or no longer required medications.

Judgment: Compliant

Appendix 1 - Full list of regulations considered under each dimension

This inspection was carried out to assess compliance with the Health Act 2007 (as amended), the Health Act 2007 (Care and Welfare of Residents in Designated Centres for Older People) Regulations 2013 (as amended), and the Health Act 2007 (Registration of Designated Centres for Older People) Regulations 2015 (as amended) and the regulations considered on this inspection were:

Regulation Title	Judgment
Capacity and capability	
Regulation 15: Staffing	Compliant
Regulation 21: Records	Compliant
Regulation 22: Insurance	Compliant
Regulation 23: Governance and management	Compliant
Regulation 4: Written policies and procedures	Compliant
Quality and safety	
Regulation 11: Visits	Compliant
Regulation 12: Personal possessions	Compliant
Regulation 18: Food and nutrition	Compliant
Regulation 20: Information for residents	Compliant
Regulation 27: Infection control	Compliant
Regulation 29: Medicines and pharmaceutical services	Compliant