



Report of an inspection of a Designated Centre for Older People

Issued by the Chief Inspector

Name of designated centre:	Powdermill Nursing Home & Care Centre
Name of provider:	JCP Powdermill Care Centre Limited
Address of centre:	Gunpowdermills, Ballincollig, Cork
Type of inspection:	Unannounced
Date of inspection:	20 December 2019
Centre ID:	OSV-0004456
Fieldwork ID:	MON-0028352

About the designated centre

The following information has been submitted by the registered provider and describes the service they provide.

Powdermill Nursing Home and Care Centre is located close to the town of Ballincollig, which is approximately nine kilometres west of Cork city. It is a two storey premises with resident' accommodation on the ground and first floors. The upper floor can be accessed by both stairs and lift. Bedroom accommodation on the ground floor comprises 19 single bedrooms, one twin bedroom and three triple bedrooms. Bedroom accommodation on the first floor comprises four single bedrooms and two triple bedrooms. The centre offers 24 hour nursing care to both long term and respite residents that are predominantly over the age of 65 years.

The following information outlines some additional data on this centre.

Number of residents on the date of inspection:	40
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This inspection was carried out to assess compliance with the Health Act 2007 (as amended), the Health Act 2007 (Care and Welfare of Residents in Designated Centres for Older People) Regulations 2013 (as amended), and the Health Act 2007 (Registration of Designated Centres for Older People) Regulations 2015 (as amended). To prepare for this inspection the inspector of social services (**hereafter referred to as inspectors**) reviewed all information about this centre. This included any previous inspection findings, registration information, information submitted by the provider or person in charge and other unsolicited information since the last inspection.

As part of our inspection, where possible, we:

- speak with residents and the people who visit them to find out their experience of the service,
- talk with staff and management to find out how they plan, deliver and monitor the care and support services that are provided to people who live in the centre,
- observe practice and daily life to see if it reflects what people tell us,
- review documents to see if appropriate records are kept and that they reflect practice and what people tell us.

In order to summarise our inspection findings and to describe how well a service is doing, we group and report on the regulations under two dimensions of:

1. Capacity and capability of the service:

This section describes the leadership and management of the centre and how effective it is in ensuring that a good quality and safe service is being provided. It outlines how people who work in the centre are recruited and trained and whether there are appropriate systems and processes in place to underpin the safe delivery and oversight of the service.

2. Quality and safety of the service:

This section describes the care and support people receive and if it was of a good quality and ensured people were safe. It includes information about the care and supports available for people and the environment in which they live.

A full list of all regulations and the dimension they are reported under can be seen in Appendix 1.

This inspection was carried out during the following times:

Date	Times of Inspection	Inspector	Role
Friday 20 December 2019	11:30hrs to 14:30hrs	John Greaney	Lead
Friday 20 December 2019	11:30hrs to 14:30hrs	Mary O'Mahony	Support

What residents told us and what inspectors observed

Inspectors spoke with a number of residents both in communal areas and in their bedrooms. All residents were complimentary of the choice and quantity of food. One resident said we get too much food. A relative spoken with said that the resident was very well looked after. Residents stated that there was no problem with the cold and that the centre was always warm.

Capacity and capability

This was an unannounced inspection carried out 20 December 2019 in which Inspectors found that the service was appropriately resourced with appropriate staffing levels. An actual and planned roster was maintained in the centre, with any changes clearly indicated. There was a regular pattern of rostered care staff. In addition to the person in charge, there were two staff nurses on duty each day and one staff nurse at night time. There were six healthcare assistants on duty each morning and five in the afternoon, four in the evening and two at night. The roster also included housekeeping staff, administrative staff member and a maintenance staff member.

Regulation 15: Staffing

There were adequate numbers and skill mix of staff to meet the needs of residents throughout the day and night.

Judgment: Compliant

Regulation 19: Directory of residents

The directory of residents was reviewed in the context of admissions and discharges to the centre. The directory contained all of the required information.

Judgment: Compliant

Regulation 22: Insurance

A certificate of insurance was submitted subsequent to the inspection demonstrating that the centre had insurance in place.

Judgment: Compliant

Quality and safety

On arrival at the centre the inspectors walked the premises and spoke with a number of residents. Inspectors noted that the centre was warm and this was confirmed by residents who stated that they had no concerns about the temperature in the centre. Heating was controlled by a timing mechanism that was set to come on at various times throughout the day and night. A staff member was designated on each shift to monitor the ambient temperature with instructions to boost the heating if the temperature dropped. Inspectors were unable to access invoices on the day of the inspection due to the absence of a member of the administrative staff. However, subsequent to the inspection receipts were submitted showing that there were regular deliveries of heating fuel and the level of the fuel tank was monitored by the fuel distributor.

Inspectors observed that residents were offered choice of food at lunch time and the portions of food served to residents were sufficient. Food was served from a heated food container and was served hot. Inspectors spoke with a number of residents both in the dining room and in their bedrooms and all confirmed that they were happy with the choice, quantity and temperature of the food on offer throughout the day. The kitchen stock was examined and all fridges and freezers were full of produce, and the dry goods stock was also plentiful.

Regulation 17: Premises

The centre was warm, bright, clean and in a good state of repair throughout. The temperature of the centre was controlled by a timer and staff were instructed to turn on the heat at other times, if indicated.

Judgment: Compliant

Regulation 18: Food and nutrition

Inspectors observed that residents were served with adequate quantities of food at lunch time. Food was properly prepared and served at an appropriate temperature. Residents spoken with confirmed that food portions were adequate and drinks and snacks were available between meals and at night time.

Judgment: Compliant

Appendix 1 - Full list of regulations considered under each dimension

This inspection was carried out to assess compliance with the Health Act 2007 (as amended), the Health Act 2007 (Care and Welfare of Residents in Designated Centres for Older People) Regulations 2013 (as amended), and the Health Act 2007 (Registration of Designated Centres for Older People) Regulations 2015 (as amended) and the regulations considered on this inspection were:

Regulation Title	Judgment
Capacity and capability	
Regulation 15: Staffing	Compliant
Regulation 19: Directory of residents	Compliant
Regulation 22: Insurance	Compliant
Quality and safety	
Regulation 17: Premises	Compliant
Regulation 18: Food and nutrition	Compliant

