

Health Information and Quality Authority

An tÚdarás Um Fhaisnéis agus Cáilíocht Sláinte

Report of an inspection of a Designated Centre for Disabilities (Adults).

Issued by the Chief Inspector

Dreenan
Health Service Executive
Donegal
Announced
24 May 2023 and 20 June 2023
OSV-0005490
MON-0031065

About the designated centre

The following information has been submitted by the registered provider and describes the service they provide.

Dreenan provides full-time residential care and support for up to five adults with an intellectual disability. Dreenan comprises of a five bedroom bungalow and residents have access to communal facilities at the centre which include two sitting rooms, a dining room, a kitchenette, a laundry room and bathroom facilities and each resident has their own bedroom. The centre is located within a campus setting which contains six other designated centres operated by the provider. It is located in a residential area of a town and is in close proximity to amenities such as shops, leisure facilities and cafes. Residents are supported by a staff team of both nurses and health care assistants. During the day, residents are supported with their assessed needs by four staff members with one nurse being on duty at all times. At night-time, residents are supported by two staff, a nurse and health care assistant.

The following information outlines some additional data on this centre.

Number of residents on the	4
date of inspection:	

How we inspect

This inspection was carried out to assess compliance with the Health Act 2007 (as amended), the Health Act 2007 (Care and Support of Residents in Designated Centres for Persons (Children and Adults) with Disabilities) Regulations 2013, and the Health Act 2007 (Registration of Designated Centres for Persons (Children and Adults) with Disabilities) Regulations 2013 (as amended). To prepare for this inspection the inspector of social services (**hereafter referred to as inspectors**) reviewed all information about this centre. This included any previous inspection findings, registration information, information submitted by the provider or person in charge and other unsolicited information since the last inspection.

As part of our inspection, where possible, we:

- speak with residents and the people who visit them to find out their experience of the service,
- talk with staff and management to find out how they plan, deliver and monitor the care and support services that are provided to people who live in the centre,
- observe practice and daily life to see if it reflects what people tell us,
- review documents to see if appropriate records are kept and that they reflect practice and what people tell us.

In order to summarise our inspection findings and to describe how well a service is doing, we group and report on the regulations under two dimensions of:

1. Capacity and capability of the service:

This section describes the leadership and management of the centre and how effective it is in ensuring that a good quality and safe service is being provided. It outlines how people who work in the centre are recruited and trained and whether there are appropriate systems and processes in place to underpin the safe delivery and oversight of the service.

2. Quality and safety of the service:

This section describes the care and support people receive and if it was of a good quality and ensured people were safe. It includes information about the care and supports available for people and the environment in which they live.

A full list of all regulations and the dimension they are reported under can be seen in Appendix 1.

This inspection was carried out during the following times:

Date	Times of Inspection	Inspector	Role
Wednesday 24 May 2023	14:20hrs to 19:50hrs	Angela McCormack	Lead
Tuesday 20 June 2023	14:10hrs to 18:30hrs	Angela McCormack	Lead

This inspection was an announced inspection carried out to inform the renewal of registration of the centre. The centre was found to provide high quality care and support to residents. In general, residents appeared happy with the supports provided. One resident spoke about their wish to move to another home and about how they were consulted about this. This potential move was in review with the provider at the time of inspection, and it was acknowledged in documentation that this move would help to address some incompatibilities between residents which the provider was aware of.

The inspection was completed over two days in May and June. This was because an emergency situation arose in the centre on the evening of the first day of inspection, which resulted in the sudden death of a resident. The inspection was paused and then concluded a few weeks later.

Throughout the two days of inspection, the inspector met with the local management team, a number of staff and all residents. Some residents who were non-verbal communicated with the inspector in their own way and one resident spent time talking with the inspector. Observations were that residents were treated with dignity and respect by staff and staff supported them in a caring and respectful manner. Residents appeared comfortable around staff and in their environment.

A review of documentation and discussions with staff indicated that residents enjoyed a variety of activities that were meaningful to them. Residents were found to be given choices about what activities that did. Residents were also supported to enjoy life at a slower pace in line with their individual needs and preferences. One resident had a full time day placement external to the centre, and they could choose each day whether they attended or not. This resident spoke with the inspector about activities they took part in and about some goals for their future, which included doing work that was meaningful to them. They proudly showed the inspector their bedroom and pointed out where they had bought a new radio recently. The resident spoke about plans for the future, including a move to a new home, and while no definite plans were agreed, it was evident that the resident was consulted and kept updated on the progress. They were later observed speaking with the local management team about planning for a future holiday.

Staff spoken with appeared very knowledgeable about the needs of residents and about how to best support them with their specific needs. In addition, staff described residents' preferred communication methods and spoke about how familiar and consistent staff were very important in supporting residents with behaviours and communications. Staff undertook human rights training as part of the centre's site specific training plan. Staff spoken with described about how residents are offered choices in everything, and about how their choices are respected. There was evidence that residents were supported to raise any concerns about the service, and there was one open complaint by a resident which was found to be kept under regular review and the resident met with regularly about this.

Observations on the day found that easy-to-read notices were on display throughout the house to aid residents' understanding of what was happening in the centre. This included a pictorial staff roster, visual schedules and pictures of meal options. In addition, there were easy-to-read notices about complaints, advocacy and fire evacuation readily available. In addition, regular house meetings occurred where residents were consulted with about the centre and were offered choices in their lives. It was noted that the use of a technological device was used at times to offer some residents choices. Some residents were waiting full communication assessments by speech and language therapy and it was noted that one resident was awaiting an assessment for assistive technology. The completion of these assessments would further support residents in communicating in their preferred communication methods. This will be discussed later in the report.

The inspector spent time with residents who were non-verbal while they were engaging in their usual daily routine. Observations of facial expressions and gestures indicated that residents were relaxed and comfortable in the centre and with the staff supporting them. Visitors were welcome to the centre and one resident was observed spending time with a family member who was visiting on the second day of inspection.

The house was clean, spacious and homely. There were colourful furnishings and photographs on display throughout which created a warm and homely atmosphere. The back garden was accessible through a number of double doors leading off communal rooms. The garden was spacious and accessible. There were garden furniture, garden ornaments and a basketball hoop for residents to enjoy. One resident was observed playing basketball with staff on one of the days.

Residents' bedrooms were nicely decorated and one resident proudly showed their bedroom and described about the colours and furnishings that they had chosen. The house was spacious with a number of communal rooms and a spacious dining room. There was a separate utility area for laundry and a small kitchenette with cooking appliances. The cupboards and fridge were stocked with food items for residents to have snacks and prepare meals, if required. An action from the previous inspections by the Health Information and Quality Authority (HIQA) since 2021, was a plan to change the layout of the centre to make the kitchen more accessible for all. This action was due to be completed by the end of June 2023; however the inspector was informed that there were delays in progressing this and that it would not be completed by then. This will be discussed later in the report.

As part of this announced inspection, questionnaires were provided for residents and their representatives to provide feedback on the service. Overall, families who responded on behalf of their family members, were satisfied with the care provided at the centre and with the current management of the centre. However, it was acknowledged in some feedback received that there were incompatibilities between residents living in Dreenan and that there was no progress made in addressing these issues. This is elaborated on in the findings of the inspection under Regulation 8: protection.

Overall, the service was found to provide good quality person-centred care to residents. The next sections of the report describe the governance and management and about how this impacts on the quality and safety of care provided.

Capacity and capability

Overall, this inspection found that the service was well managed, with good systems in place for monitoring. Some areas for improvement were required in premises, staff training and in the ongoing oversight of fire evacuation.

A full application for the renewal of registration was completed. Some amendments were required to the documentation as the provider planned to use one vacant bedroom for another purpose and to reduce the numbers from six to five. The amended required documentation was re-submitted.

The management structure comprised a person in charge who reported to the Director of Nursing (DON), Both the person in charge and DON were based at the campus and were present during the inspection. The person in charge was supported in their role by a clinical nurse manager 1 (CNM1), who completed some delegated management tasks. Both the person in charge and CNM1 had responsibility for one other designated centre which was based in close proximity to Dreenan.

The systems for monitoring and oversight of the centre included a schedule of audits to be completed at set intervals throughout the year. In addition the service had a quality improvement plan (QIP) which included actions identified through provider audits, risk assessments and HIQA inspections. This was found to be kept under regular review to review the progress of actions. The provider ensured that unannounced six monthly visits occurred and that the annual review of the service was completed in line with the regulations. Team meetings were scheduled throughout the year, where the local management team were in attendance, which created opportunities for staff to raise any concerns about the centre.

The staffing skill mix consisted of nurses and healthcare assistants. There were two vacancies for healthcare assistants at the time of inspection which was in progress for recruitment; however the inspector was informed that a review of staffing needs would be completed to re assess the needs of the centre. The staffing gaps were filled by a cohort of regular agency and relief staff to support continuity of care provided to residents.

Staff were provided with a range of mandatory training and site specific training to meet the needs of the service. In general, most training had been completed. However, one staff who regularly worked nights with one other staff did not have the required manual handling training completed. A date for this to be completed

was given by the end of inspection.

Overall, the management team demonstrated that they had the capacity and capability to manage the service and to ensure that a safe and high quality service was provided to residents.

Registration Regulation 5: Application for registration or renewal of registration

A complete application to renew the registration of the centre was submitted.

Judgment: Compliant

Regulation 15: Staffing

There were two healthcare assistant vacancies at the time of inspection. These gaps were covered by regular agency staff or regular HSE staff from other locations to help to ensure continuity of care. The staffing need for the centre was due to be reviewed in light of recent changes. This is covered under regulation 23: governance and management.

Judgment: Compliant

Regulation 16: Training and staff development

The provider had a list of mandatory training for all staff to complete to ensure that staff had the competencies and skills to effectively support residents. All permanent staff had all training completed as required. However, the following was found;

• One of the regular agency staff had not completed manual handling. A date for this was set by the end of the inspection.

Judgment: Substantially compliant

Regulation 22: Insurance

The provider ensured that there was up-to-date insurance in place in the centre.

Judgment: Compliant

Regulation 23: Governance and management

The following was found in relation to governance and management;

- Improvements were required in the monitoring of fire drills and evacuation plans.
- One action arising from previous inspections by HIQA relating to premises had not been completed and was not on schedule to be completed by the time-frame agreed. This required further review.
- A review of staffing resource to meet the assessed needs of residents and to ensure it was in line with the statement of purpose was required.

Judgment: Substantially compliant

Regulation 3: Statement of purpose

There was a statement of purpose in place which had been reviewed and updated and included all the requirements under Schedule 1 of the regulations.

Judgment: Compliant

Regulation 31: Notification of incidents

A review of incidents that occurred in the centre demonstrated that the person in charge submitted all notifications as required to the Chief Inspector of Social Services.

Judgment: Compliant

Regulation 34: Complaints procedure

There was a complaints procedure in place and an easy-to-read complaints guide for residents. Complaints was a regular agenda item at residents' meetings. There was one open complaint at the time of inspection and there was evidence that the complainant was kept updated on the actions taken to address the complaint, in line with the procedures.

Judgment: Compliant

Quality and safety

This inspection found that residents were provided with person-centred care and support. The systems and practices in place ensured that residents' needs were kept under regular and ongoing review and any changes responded to in a prompt manner.

Comprehensive assessments were completed on each resident to assess their health, personal and social care needs. Care plans were in place where the need was identified. These care and support plans were found to be kept under regular review and updated if there were any changes.

Some residents were non-verbal and it was noted that they were awaiting full assessments by the speech and language therapist. It was noted that one resident had been referred for an assessment for assistive technology and this need remained outstanding. The local management team spoke about how a plan was in progress for all staff to get trained in communication methods, which aimed to enhance the supports provided to residents to meet their communication needs. At the time of inspection, this action was not completed.

Residents who required supports with behaviours had comprehensive behaviour support plans in place which included multidisciplinary therapy team (MDT) input. Where restrictive practices were in place these were found to be kept under regular review and assessed so as to ensure that they were the least restrictive option and proportionate to any risks identified.

There were arrangements in place to ensure fire safety in the centre; including a system for auditing and checking fire safety arrangements. Each resident had a personal emergency evacuation plan (PEEP) in place which outlined arrangements to ensure a safe evacuation in the event of a fire. On the first day of inspection, it was found that there were inconsistencies between some residents' PEEPS and the method in which staff supported them to evacuate. This had not been identified through the management's monitoring systems. The evacuation plan and PEEPs were updated by the end of the inspection to ensure that the supports required were clear and relevant to each resident.

As noted previously, there were incompatibilities between residents living in Dreenan. One resident who expressed a wish to move out of the centre spoke about this with the inspector. It was evident that the local management team were supporting them to seek alternative accommodation. While there was no specific plan in place, this was being worked on and the resident was kept informed and updated on progress. Until the moves took place, it was noted that safeguarding risks remained. These risks were managed through environmental strategies and close supervision, which appeared to be effective as the number of safeguarding incidents had reduced.

In summary, this inspection found that the service provided to residents strived to ensure that it met residents' needs and provided them with person-centred care and support. Some improvements as noted throughout the report would further enhance the good quality care and support provided.

Regulation 10: Communication

The following was found in relation to communication;

• Assessments were outstanding for two residents who required supports with communication. The inspector was shown a plan that had been agreed with the speech and language therapist (SALT) to train all staff in communication methods which aimed to meet the needs of residents. However, this need remained outstanding at the time of inspection.

Judgment: Substantially compliant

Regulation 17: Premises

The following was found in relation to premises;

- The action regarding accessibility and plans for the kitchen had not yet been completed and therefore this impacted accessibility for wheelchair users who lived in the centre. The local management team spoke about the cause of the delays in getting this work done. Input from a member of the multidisciplinary team (MDT) was available for review and demonstrated that a review of the original plans was required to ensure that the benefits of the changes remained relevant for residents affected.
- There was damp area on the walls of the dining-room. This had been identified by the provider and noted on their QIP; however this required completion.

Judgment: Substantially compliant

Regulation 20: Information for residents

The provider ensured that there was a residents' guide in place which included all

the information as required in the regulations.

Judgment: Compliant

Regulation 28: Fire precautions

There were fire safety arrangements in the centre to include fire containment measures, fire equipment checks and regular fire drills. It was found on the first day of inspection that there were inconsistencies between some residents' personal emergency evacuation plans and the supports that staff provided during fire drills. In addition, the centre evacuation plan required clarification about supports provided by staff from another centre. These actions were completed by the end of the inspection.

Judgment: Compliant

Regulation 5: Individual assessment and personal plan

Residents had comprehensive assessments completed of their health, personal and social care needs. Care plans were in place where the need was identified and these were kept under regular review and updated as required. Annual reviews occurred to review residents' needs and there was participation by residents and their representatives.

Judgment: Compliant

Regulation 6: Health care

Residents were supported with their healthcare needs through regular monitoring and assessments. Where required, residents were supported to attend healthcare appointments; such as hospital appointments, dexa scans and national screening programmes. Residents had end-of-life care plans developed, where relevant.

Judgment: Compliant

Regulation 7: Positive behavioural support

Positive behaviour support plans were developed for residents where this need was

identified. These plans were found to be comprehensive and outlined clearly the supports required and the protocols for PRN medicines (a medicine only taken as required), where relevant.

Restrictive practices that were in place in the centre were found to be assessed, kept under ongoing review and demonstrated that there was a clear rationale for their use.

Judgment: Compliant

Regulation 8: Protection

Staff had received training in safeguarding vulnerable adults and 'Children First'. Where concerns of a safeguarding nature occurred these were followed up in line with the safeguarding policy. Residents' protection was promoted through ongoing incident reviews, high staffing levels and the use of environmental strategies. However, the following was found;

 Incompatibility remained between some residents which created an ongoing safeguarding risk. This risk was noted in one resident's behaviour support plan and through safeguarding documentation. While measures were in place to minimise any potential concerns, the protection risk remained and there was no time-frame agreed on the actions in progress for one resident to move in line with their wishes.

Judgment: Substantially compliant

Regulation 9: Residents' rights

Residents were provided with person-centred care and support and were facilitated to be involved in their care and the running of the centre. Regular residents' meetings took place, where choices were offered and agreed. Staff received training in human rights and there was evidence that a human rights based approach was taken in the delivery of care.

The provider had in place a human rights' committee who met regularly. A review of recent minutes from these meetings indicated that the committee were exploring ways in which resident involvement in these meetings could occur.

Judgment: Compliant

Appendix 1 - Full list of regulations considered under each dimension

This inspection was carried out to assess compliance with the Health Act 2007 (as amended), the Health Act 2007 (Care and Support of Residents in Designated Centres for Persons (Children and Adults) with Disabilities) Regulations 2013, and the Health Act 2007 (Registration of Designated Centres for Persons (Children and Adults) with Disabilities) Regulations 2013 (as amended) and the regulations considered on this inspection were:

Regulation Title	Judgment
Capacity and capability	
Registration Regulation 5: Application for registration or	Compliant
renewal of registration	
Regulation 15: Staffing	Compliant
Regulation 16: Training and staff development	Substantially
	compliant
Regulation 22: Insurance	Compliant
Regulation 23: Governance and management	Substantially
	compliant
Regulation 3: Statement of purpose	Compliant
Regulation 31: Notification of incidents	Compliant
Regulation 34: Complaints procedure	Compliant
Quality and safety	
Regulation 10: Communication	Substantially
	compliant
Regulation 17: Premises	Substantially
	compliant
Regulation 20: Information for residents	Compliant
Regulation 28: Fire precautions	Compliant
Regulation 5: Individual assessment and personal plan	Compliant
Regulation 6: Health care	Compliant
Regulation 7: Positive behavioural support	Compliant
Regulation 8: Protection	Substantially
	compliant
Regulation 9: Residents' rights	Compliant

Compliance Plan for Dreenan OSV-0005490

Inspection ID: MON-0031065

Date of inspection: 24/05/2023 and 20/06/2023

Introduction and instruction

This document sets out the regulations where it has been assessed that the provider or person in charge are not compliant with the Health Act 2007 (Care and Support of Residents in Designated Centres for Persons (Children And Adults) With Disabilities) Regulations 2013, Health Act 2007 (Registration of Designated Centres for Persons (Children and Adults with Disabilities) Regulations 2013 and the National Standards for Residential Services for Children and Adults with Disabilities.

This document is divided into two sections:

Section 1 is the compliance plan. It outlines which regulations the provider or person in charge must take action on to comply. In this section the provider or person in charge must consider the overall regulation when responding and not just the individual non compliances as listed section 2.

Section 2 is the list of all regulations where it has been assessed the provider or person in charge is not compliant. Each regulation is risk assessed as to the impact of the non-compliance on the safety, health and welfare of residents using the service.

A finding of:

- Substantially compliant A judgment of substantially compliant means that the provider or person in charge has generally met the requirements of the regulation but some action is required to be fully compliant. This finding will have a risk rating of yellow which is low risk.
- Not compliant A judgment of not compliant means the provider or person in charge has not complied with a regulation and considerable action is required to come into compliance. Continued non-compliance or where the non-compliance poses a significant risk to the safety, health and welfare of residents using the service will be risk rated red (high risk) and the inspector have identified the date by which the provider must comply. Where the noncompliance does not pose a risk to the safety, health and welfare of residents using the service it is risk rated orange (moderate risk) and the provider must take action within a reasonable timeframe to come into compliance.

Section 1

The provider and or the person in charge is required to set out what action they have taken or intend to take to comply with the regulation in order to bring the centre back into compliance. The plan should be **SMART** in nature. **S**pecific to that regulation, **M**easurable so that they can monitor progress, **A**chievable and **R**ealistic, and **T**ime bound. The response must consider the details and risk rating of each regulation set out in section 2 when making the response. It is the provider's responsibility to ensure they implement the actions within the timeframe.

Compliance plan provider's response:

Regulation Heading	Judgment
Regulation 16: Training and staff development	Substantially Compliant
Outline how you are going to come into c staff development: • The Person in Charge will ensure that th manual handling training. Date completed 21/07/2023.	ompliance with Regulation 16: Training and ne regular agency staff member complete
Regulation 23: Governance and management	Substantially Compliant
 management: The Person in Charge has reviewed the evacuations to ensure that all actions are 21/07/2023. The Person in Charge has completed a review of the evacuations. Date completed 21/ The Person in Charge, Director of Nursin complete a review of the requirement to racilities. Date for completion 15/0 The Person in charge in liaison with the 	review of all Personal emergency evacuation supports required for residents during fire 07/2023. ng in liaison with the multi-disciplinary team will make amendments to the centres kitchen 09/23 Director of Nursing will complete a full review d review the staffing requirements based on

Regulation 10: Communication

Substantially Compliant

Outline how you are going to come into compliance with Regulation 10: Communication: • The Person in Charge has reviewed and updated the training matrix too include the communication training that has been identified as a requirement by the speech and language therapist. Date completed: 30/07/2023.

• The Person in Charge has agreed a schedule of training dates and topics with the Speech and Language Therapist. Date completed 11/07/2023.

• The Person in Charge will ensure that all staff complete the scheduled communication training identified by the Speech and Language Therapist. Date for completion 31/12/23.

Regulation 17: Premises

Substantially Compliant

Outline how you are going to come into compliance with Regulation 17: Premises: • The Person in Charge, Director of Nursing in liaison with the multi-disciplinary team will complete a review of the requirement to make amendments to the centres kitchen Date for completion 15/09/23 facilities.

• The Person in Charge has contacted the Maintenance Manager to review damp area in dining room walls and have the required works completed. This will be included and monitored on the centres Quality Improvement Plan

Date for completion 31/08/23

Regulation 8: Protection

Substantially Compliant

Outline how you are going to come into compliance with Regulation 8: Protection: The Person in Charge will continue to attend bi-monthly safeguarding meetings and will continue to respond to any safeguarding concerns as they arise within the centre. • This centre is included in the overall decongregation plan for Ard Greine Court campus and there is a schedule of monthly compatibility and decongregation meetings to progress this process. Date

completed 06/07/2023 and ongoing

• The Person in Charge in conjunction with the staff team and multi-disciplinary team have commenced the process to establish the will and preference of the resident regarding future living arrangements. Date for completion 30/09/2023

• The Person in Charge and staff team will support the resident when will and preference is completed to assess compatibility with other individuals. This will be completed in all areas of the resident's life.

Date for completion 30/11/2023.

• The Person in Charge in conjunction with the staff team & multi-disciplinary team will continue to progress compatibility for all residents. Meetings regarding compatibility are held on a monthly basis and a representative from the centre attends all meetings. Date for completion 06/07/2023 and ongoing

• The Person in Charge in liaison with the MDT will continue to prioritise one particular resident in sourcing alternative accommodation suitable to meet the needs and preferences of the resident. Date for completion 30/03/2024

Section 2:

Regulations to be complied with

The provider or person in charge must consider the details and risk rating of the following regulations when completing the compliance plan in section 1. Where a regulation has been risk rated red (high risk) the inspector has set out the date by which the provider or person in charge must comply. Where a regulation has been risk rated yellow (low risk) or orange (moderate risk) the provider must include a date (DD Month YY) of when they will be compliant.

The registered provider or person in charge has failed to comply with the following regulation(s).

Regulation	Regulatory requirement	Judgment	Risk rating	Date to be complied with
Regulation 10(1)	The registered provider shall ensure that each resident is assisted and supported at all times to communicate in accordance with the residents' needs and wishes.	Substantially Compliant	Yellow	31/12/2023
Regulation 16(1)(a)	The person in charge shall ensure that staff have access to appropriate training, including refresher training, as part of a continuous professional development programme.	Substantially Compliant	Yellow	21/07/2023
Regulation 17(1)(b)	The registered provider shall ensure the premises of the designated centre are of sound construction and kept in a good state of repair externally and	Substantially Compliant	Yellow	15/09/2023

	internally.			
Regulation 17(6)	The registered provider shall ensure that the designated centre adheres to best practice in achieving and promoting accessibility. He. she, regularly reviews its accessibility with reference to the statement of purpose and carries out any required alterations to the premises of the designated centre to ensure it is accessible to all.	Substantially Compliant	Yellow	15/09/2023
Regulation 23(1)(a)	The registered provider shall ensure that the designated centre is resourced to ensure the effective delivery of care and support in accordance with the statement of purpose.	Substantially Compliant	Yellow	31/08/2023
Regulation 23(1)(c)	The registered provider shall ensure that management systems are in place in the designated centre to ensure that the service provided is safe, appropriate to residents' needs, consistent and effectively monitored.	Substantially Compliant	Yellow	31/08/2023

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